

52-Week Savings Challenge

You can take the 52-week savings challenge in one of two ways. The usual way is to save \$1 the first week and increase it each week [shown in the chart].

Or you can start by saving \$52 the first week and decrease it each week.

ADVANTAGES TO EACH METHOD	
Start at \$1 on week 1	Start at \$52 on week 1
You learn to save more as time goes on, giving you time to figure it out.	You begin with a bang and see more in savings at the start.
Saving more each week makes you feel like you are gaining momentum.	You may find it hard to save \$52 in December.
Most people do it this way, so you can do this along with a friend.	If you put the money in an interest-bearing account, it may earn a little more.
Do it however you like!	

WEEK	SAVE	SUM
1	\$1	\$1
2	\$2	\$3
3	\$3	\$6
4	\$4	\$10
5	\$5	\$15
6	\$6	\$21
7	\$7	\$28
8	\$8	\$36
9	\$9	\$45
10	\$10	\$55
11	\$11	\$66
12	\$12	\$78
13	\$13	\$91
14	\$14	\$105
15	\$15	\$120
16	\$16	\$136
17	\$17	\$153
18	\$18	\$171
19	\$19	\$190
20	\$20	\$210
21	\$21	\$231
22	\$22	\$253
23	\$23	\$276
24	\$24	\$300
25	\$25	\$325
26	\$26	\$351

WEEK	SAVE	SUM
27	\$27	\$378
28	\$28	\$406
29	\$29	\$435
30	\$30	\$465
31	\$31	\$496
32	\$32	\$528
33	\$33	\$561
34	\$34	\$595
35	\$35	\$630
36	\$36	\$666
37	\$37	\$703
38	\$38	\$741
39	\$39	\$780
40	\$40	\$820
41	\$41	\$861
42	\$42	\$903
43	\$43	\$946
44	\$44	\$990
45	\$45	\$1,035
46	\$46	\$1,081
47	\$47	\$1,128
48	\$48	\$1,176
49	\$49	\$1,225
50	\$50	\$1,275
51	\$51	\$1,326
52	\$52	\$1,378

\$1,378